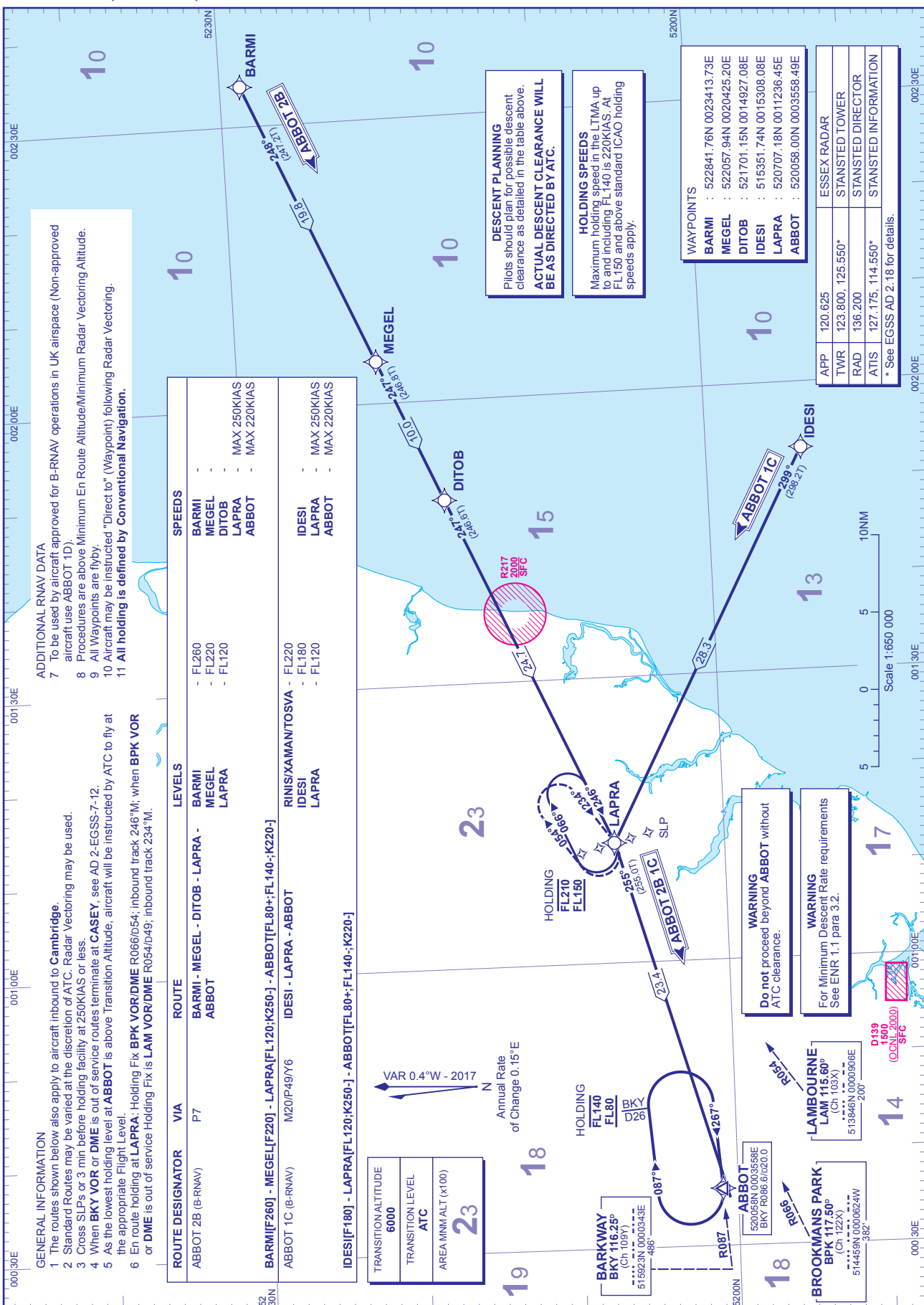




ADDITIONAL RNAV DATA
7 To be used by aircraft approved for B-RNAV operations in UK airspace (Non-approved aircraft use ABBOT 1D).
8 Procedures are above Minimum En Route Altitude/Minimum Radar Vectoring Altitude.
9 All Waypoints are flyby.
10 Aircraft may be instructed "Direct to" (Waypoint) following Radar Vectoring.
11 **All holding is defined by Conventional Navigation.**

GENERAL INFORMATION
1 The routes shown below also apply to aircraft inbound to **Cambridge**.
2 Standard Routes may be varied at the discretion of ATC. Radar Vectoring may be used.
3 Cross SLPs or 3 min before holding facility at 250KIAS or less.
4 When **BKY VOR** or **DME** is out of service routes terminate at **CASEY**, see AD 2-EGSS-7-12.
5 As the lowest holding level at **ABBOT** is above Transition Altitude, aircraft will be instructed by ATC to fly at the appropriate Flight Level.
6 En route holding at **LAPRA**: Holding Fix **BPK VOR/DME** R066/D54; inbound track 246°M; when **BPK VOR** or **DME** is out of service Holding Fix is **LAM VOR/DME** R054/D49; inbound track 234°M.

ROUTE DESIGNATOR	VIA	ROUTE	LEVELS	SPEEDS
ABBOT 2B (B-RNAV)	P7	BARMY - MEGEL - DITOB - LAPRA - ABBOT	BARMY MEGEL LAPRA	BARMY - MEGEL - DITOB - LAPRA - ABBOT - MAX 250KIAS MAX 220KIAS
BARMY[F260] - MEGEL[F220] - LAPRA[FL120;K250-J] - ABBOT[FL80+;FL140-;K220-J]	M20/P49/Y6	IDESI - LAPRA - ABBOT	RINIS/XAMAN/TOSVA - IDESI LAPRA	IDESI - LAPRA - ABBOT - MAX 250KIAS MAX 220KIAS
IDESI[F180] - LAPRA[FL120;K250-J] - ABBOT[FL80+;FL140-;K220-J]				

TRANSITION ALTITUDE 6000
TRANSITION LEVEL ATC
AREA MIN ALT (x100) 23

DESCENT PLANNING
Pilots should plan for possible descent clearance as detailed in the table above.
ACTUAL DESCENT CLEARANCE WILL BE AS DIRECTED BY ATC.

HOLDING SPEEDS
Maximum holding speed in the LTMA up to and including FL140 is 220KIAS. At FL150 and above standard ICAO holding speeds apply.

WAYPOINTS	
BARMY	: 522841.76N 0023413.73E
MEGEL	: 522057.94N 0020425.20E
DITOB	: 521701.15N 0014927.08E
IDESI	: 515351.74N 0015308.08E
LAPRA	: 520707.18N 0011236.45E
ABBOT	: 520058.00N 0003558.49E

	ESSEX RADAR
APP	120.625
TWR	123.800, 125.550*
RAD	136.200
STANSTED TOWER	
STANSTED DIRECTOR	
ATIS	127.175, 114.550*
STANSTED INFORMATION	

* See EGSS AD 2.18 for details.