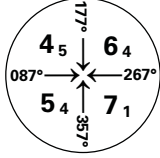
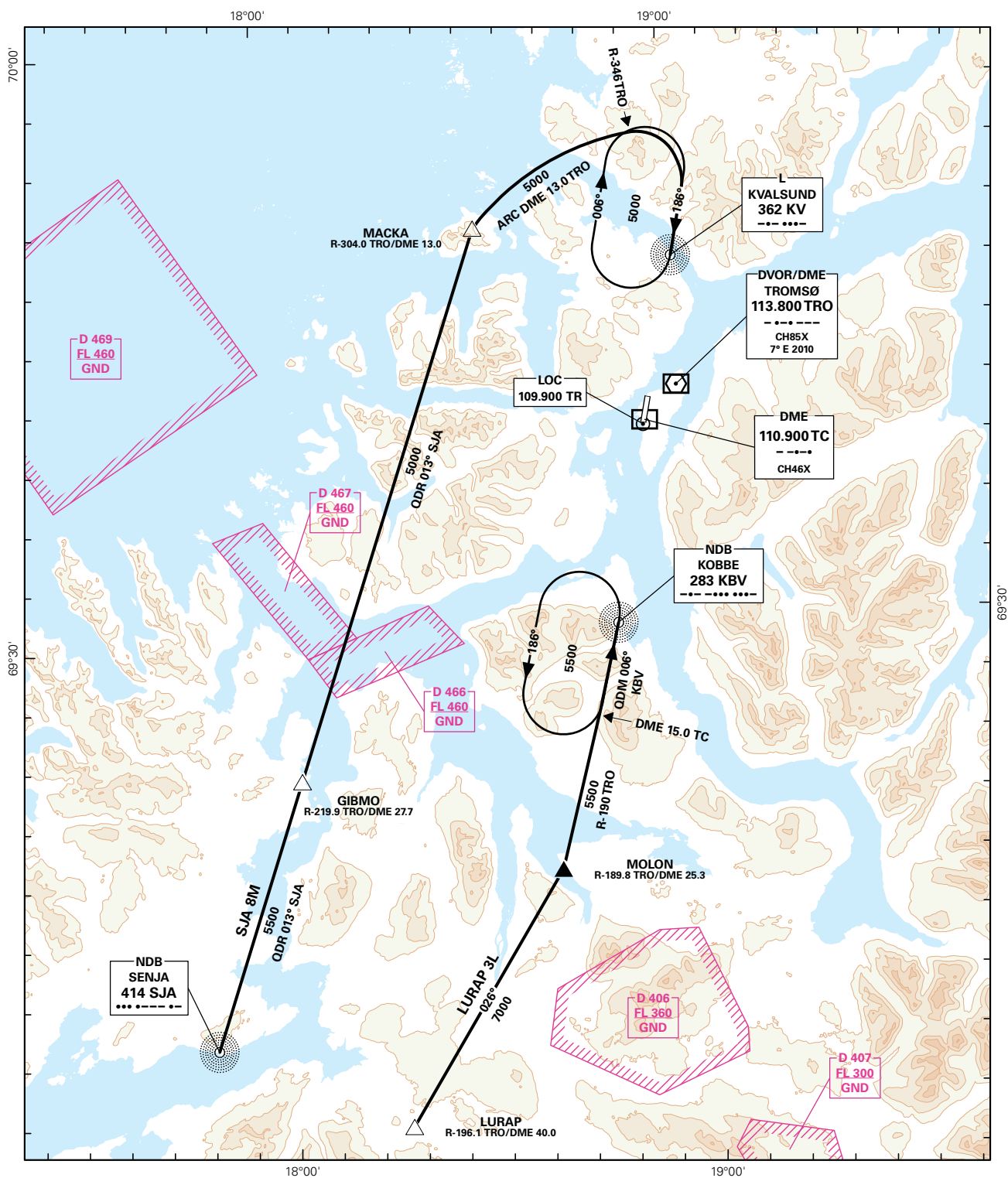


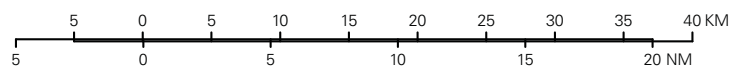
STANDARD ARRIVAL CHART INSTRUMENT - ICAO

 MSA 25 NM TRO	ATIS: 126.125	ALT AND ELEV ARE IN FT DIST IN NAUTICAL MILES			TROMSØ/LANGNES RWY 01/19 NORWAY LURAP 3L, SJA 8M
	APP: 123.750				
	TWR: 118.300 (122.100)				
	VDF: 123.750	1:550 000	VAR: 7.1 ° E (2010)	TA 7000	



STAR DESCRIPTION OVERLEAF
DESCRIPTION OF WAYPOINTS, REF ENR 4.4

ATS AIRSPACE CLASSIFICATIONS: REF ENR 1.4
LEGEND: REF GEN 2.3



CHANGES: LURAP 3L

Avinor

15 NOV 2012

STANDARD ARRIVAL ROUTES - INSTRUMENT**TROMSØ/Langnes
RWY 01/19****VECTORIZING:** Vectoring may be used for sequencing.**RADIO COMMUNICATION FAILURE:** Squawk A7600. Proceed on STAR and make APCH to assigned RWY.**RWY 01**

DESIGNATOR	ROUTE	RESTRICTIONS	DESCEND	CLEARANCE LIMIT
LURAP 3L (LURAP THREE LIMA ARRIVAL)	FM LURAP on track 026° to intercept and proceed on R-190 TRO VIA MOLON. When passing DME 15.0 TC intercept and proceed on QDM 006° KBV to KBV.	Cross MOLON at or above 7000 FT. Cross KBV at or above 5500 FT.	As cleared by ATC.	KBV HLDG.

RWY 19

DESIGNATOR	ROUTE	RESTRICTIONS	DESCEND	CLEARANCE LIMIT
SJA 8M (SENJA EIGHT MIKE ARRIVAL)	FM SJA on QDR 013° SJA to GIBMO. Continue on QDR 013° SJA to MACKA. Turn right to intercept and proceed on ARC DME 13.0 TRO. When passing R-346 TRO turn right to intercept and proceed on QDM 186° KV / LOC RWY 19 to KV.	Cross GIBMO at or above 5500 FT. Cross KV at or above 5000 FT. NOTE: ACFT cleared for approach to RWY 19 may descend to 4500 FT after passing R-346 TRO and turning inbound.	As cleared by ATC.	KV HLDG.